

ADHD Sufferer Reveals Secrets to Naturally Control And Profit From Symptoms

Most people view attention deficit hyperactivity disorder (ADHD) as a disease or a weakness that requires taking stimulant drugs to treat. One sufferer, Tellman Knudson, teaches a completely natural way to control ADHD symptoms and, not only, how to turn them into your greatest strengths, but how to profit from them.

(PRWEB) September 5, 2006 -- Recently FDA has ordered that the drug Dexedrine to have much a stronger warning label, known as a “black box warning” (which is the FDA’s strictest warning) advising doctors and patients that misuse can lead to sudden death...serious heart problems, and rare psychotic behavior. Dexedrine and other stimulant drugs are commonly used to treat [attention deficit hyperactivity disorder](#) (ADHD) and have been linked to at least 25 deaths so far. The issue has even caught the attention of the United Nations’ Committee on the Rights of the Child. They reported in September of 2005 their concern that [ADD](#) and ADHD “are being misdiagnosed and therefore psycho-stimulant drugs are being over-prescribed, despite the growing evidence of the harmful effects of these drugs.”

This is why it’s so important for both parents of ADHD children and [adult ADHD](#) sufferers to find alternative ways of treating their symptoms. One man, Tellman Knudson, a Certified Hypnotherapist (CHT) from Brattleboro Vermont believes that attention deficit hyperactivity disorder symptoms can, not only, be controlled naturally, but can also be channeled into becoming ones greatest asset and strength. In his own private practice Tellman has helped countless people overcome and conquer their symptoms with some very simple mindset changes.

“I have had ADHD symptoms since I was born. So, on top of my experience helping people with my ADHDsecrets.com program, what makes me qualified is I know adult ADHD from the inside... Once you realize that your [ADHD symptoms](#) can be your advantage, you have made the most important decision right there: to stop seeing yourself as a victim of ADHD symptoms, and see yourself as a person with amazing potential for success in anything you do. All you have to do is reach out and grasp this knowledge, and you’ve taken the first step, you’re on your way” opined Knudson.

Hundreds, if not thousands of people, adults and children, are actually misdiagnosed with [attention-deficit disorder](#) (ADD) or ADHD every year and the fact is that big pharmaceutical companies are profiting from it hand over fist. An estimated 2.5 million children and 1.5 million adults take ADHD medications currently. Top treatments generated about \$3.5 billion in sales in 2005. It’s obvious that despite the dangers of these drugs big pharma wants you and your kids on them regardless if you need them or not. Sadly this problem may only get worse with President Bush’s 2004 New Freedom Initiative which calls for “early mental health screening, assessment, and referral to services to become common practice” Which in itself sounds benign but if everyone is ‘screened’ and even one-tenth of us are misdiagnosed think how negatively that would affect our national mental and physical health.

The best solution to these problems is to take the symptoms: [Inattention, hyperactivity, and impulsivity](#) and recognize that this type of energy is really a blessing in disguise and with a little help can be focused tightly in order to accomplish anything. This kind of mindset change is what Tellman Knudson teaches. “What I am interested in is helping people overcome their adult ADHD symptoms and go on to be confident, fully



successful and functional adults.” Says Knudson.

Tellman Knudson is the CEO of Overcome Everything Inc. as well as a respected and certified Hypnotherapist and neuro-linguistic programming practitioner who’s helped hundreds of people in his one-on-one practice to control and actually benefit from their ADHD symptoms. To learn more about Tellman and his unique alternative ADHD treatments visit <http://www.ADHDsecrets.com> and sign up for his free ADHD secrets weekly newsletter which is packed with practical tips and strategies anyone can use to deal with ADHD.

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